

FALL 2024 VACCINES

What are the options?

Who is eligible?

How well do they work?

When should I get it?

INFLUENZA



A shot that targets 3 strains of seasonal flu

6 months+

Reduces the risk of going to the doctor by 40-60%

October is ideal, as vaccine protection wanes over a season

COVID-19



Updated vaccine formula targeting JN.1 or KP.2 - Omicron subvariants

Options: Moderna and Pfizer (mRNA) or Novavax (protein)

6 months+

40-60% additional protection against severe disease

Protection against **severe disease**: Get now

Protection against **infection**: Best to get it right before a wave, which can be challenging to time

Recently infected? Wait at least 4-6 months

RSV (OLDER ADULTS)



3 options: GSK and Pfizer (protein) or Moderna (mRNA)

This is **not** an annual vaccine. If you didn't get it last year, 60-74 years "may" get it and >75 years "should"

82-86% efficacy against severe disease

Now; no need to juggle timing as protection is durable

RSV (PREGNANCY)



Pfizer's vaccine called ABRYSVO

Pregnancy (passes to baby for protection in first 6 months of life)

82% efficacy in preventing hospitalization in first 3 months of life. 69% efficacy after 6 months

32 to 36 weeks of pregnancy and only during Sept-January

RSV MONOCLONAL ANTIBODY



This is not a vaccine (doesn't teach the body to make antibodies) but rather a preventive medication (provides antibodies)

All infants <8 months if mother didn't get RSV vaccine during pregnancy. High-risk infants 8-19 months

Reduces risk of hospitalization by 80-96%

Protection lasts 4-6 months