



Clark County Commission on Aging
Webex Remote Meeting
Vancouver, Washington

Work Session Notes

Wednesday, December 16, 2020

3:30 p.m. – 4:15 p.m.

Members Present: Chuck Green (Chair), Larry Smith (Vice Chair), Amy Gross, Franklin Johnson, Meghan McCarthy, Linda O'Leary, Tanya Stewart, Pam Wheeler

Absent: Nancy Dong

Staff: Jacqui Kamp, Jenna Kay

1. Nov. 18 COA meetings

- Suggested edits to notes: none
- Presentation takeaways: none

2. December meeting agenda preview

Chuck reviewed the December regular meeting agenda

3. Member highlight: Tanya Stewart

Tanya provided an introduction to herself

- What am I passionate about? Culinary medicine and forest bathing.
- What is something others don't know about you? Swam with sharks and married a Marine Corps Lt
- Super-hero power: the ability to heal wounds we cannot see
- Favorite family tradition: Halloween
- Goal for next year: impact healthcare in a very disruptive way

4. Prep for January work session/mini retreat

- 2020 Annual Report editors
 - Linda, Franklin, Larry
 - **ACTION ITEM:** staff will send draft annual report to reviewers before it is formatted and finished
- 2021 Focus Discussion
 - The group discussed the draft 2021 focus document. The conversation covered the following
 - Virtual summit. There was mixed interest/feelings in hosting a virtual summit. For instance, there was some hesitancy about spending the time and energy on hosting a virtual summit because summits have historically been a lot of work. There was interest in using the summit as a way to establish a vision and using a summit to help do so. The group seemed to coalesce around the idea of a new type of summit, or mini-summit. Instead of one big event, the group considered



For other formats, contact the Clark County ADA Office
Voice 360.397.2322 Relay 711 or 800.833.6388
Fax 360.397.6165
Email ADA@clark.wa.gov



holding a series of monthly meetings or mini-summits related to the COVID path to recovery, with one keynote per month. There was a request to allot for sufficient discussion and brainstorming time, to talk about what they hear. There was also a suggestion to consider Alan De La Torre and Corie Balkan as possible aging experts and resources in 2021.

- Annual schedule. There was some confusion over when aspects of the COA work plan would happen and when decisions made now would be implemented
- Purpose of group's work: There is also interest in figuring out what the group will do with the information they hear from speakers. Some group members are viewing COA's purpose as making policy advisory recommendations to Council and that the COA does not provide direct services. Some COA members seem less clear about what happens with the information they hear.
- Aging Readiness Plan review: there was some interest in checking with Council on next steps regarding the Aging Readiness Plan. However, there was also a preference to present a recommendation to Council for their consideration (whether that recommendation be in 2021 or 2022).
- **ACTION ITEM:** staff to draft what above discussion would look like for COA to respond to at retreat. Staff will create options with pros and cons identified for each option. COA to consider and select option at retreat.
- January Mini-Retreat:
 - Discuss what happens next in 2021
 - Discuss what to cover with Council at February joint meeting
 - **ACTION ITEM:** staff to work with chair and co-chair to prepare for January mini-retreat based on today's discussion
 - **ACTION ITEM:** COA to make decision on 2021 work plan

5. Announcements/Update

- Housing Options Study update. Jacqui provided an update on the project. Nancy has been selected as a representative of the innovative building sector.
- Transportation Systems Plan update. Clark County transportation planners will be conducting public engagement in 2021 and will connect with COA further at that time.

6. **Next Meeting:** January 20, 2020 – 3:30pm.

7. **Adjournment:** The work session adjourned at 4:17 pm.

The Clark County Commission on Aging provides leadership in community engagement and advocacy of Clark County's Aging Readiness Plan, especially for those 65 and over who plan to age in place.